

FROM THE SPIRE WITH GLAD TIDINGS!

ST. PAUL'S ON THE HILL AND TRINITY EPISCOPAL CHURCHES – OSSINING, NEW YORK

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For I know the plans I have for you declares the Lord,
plans to prosper you and not to harm you,
plans to give you hope and a future.

Jeremiah 29:11

On the day I was ordained priest, a good friend of mine gave me an illumination of this verse to hang on my office wall.

Strangely, it was not a quote which had touched my life before that day. I am sure I had read it but in the whirlwind of Hebrew Scriptures 1 & 2 it had not

stayed with me. But then, the moment I took in the prophet's words on that ordination day, they filled me with a sense of peace. I felt that God was speaking to me.

Of course, the prophecy was not addressed to me but to that segment of the Hebrew people who had been kidnapped...relocated to Babylon (millennia before me) and who were waiting and longing to return to their home. First, the prophet tells them that their return will not be accomplished for another seventy years and then he delivers the reassuring message that, despite this, the Lord still has plans for them.

So why were these words so very touching on that milestone happy day? Life...it was life. Because, even on happy days, we carry with us our experiences of uncertainty and we remember the stumbling blocks we have overcome in order to get where we are. So especially in times of joy, an encouraging word from the Almighty can be particularly poignant.

Today, as I look back, I can see my time here with you at the sister parishes as a fulfillment of the hope I was promised twenty-two years ago and I am grateful for that blessing.

But also, as I look ahead, even in the midst of COVID, I can see Jeremiah's prophecy as a promise to each and all of us going forward. "God is faithful," it tells us and we are in good hands.

I will miss you each and all. You have touched my heart and thank God, I shall never be the same.

"May God bless you and keep you and make His face to shine upon you and give you peace."

Cooper+



OUR UPCOMING SUNDAY SERVICES

January 3	9:45 AM	Online Service of Morning Prayer (Rite II)	Holy Name
January 10	9:45 AM	Online Service of Morning Prayer (Rite I)	Epiphany
January 17	9:45 AM	Online Service of Morning Prayer (Rite II)	Epiphany 2
January 24	9:45 AM	Online Service of Morning Prayer (Rite I)	Epiphany 3
January 31	9:45 AM	Online Service of Morning Prayer (Rite II)	Epiphany 4

Our services are delivered on our YouTube channel

https://www.youtube.com/channel/UCP1qGAuJlxWU8Z_ucCKEGA

Services are also being posted on Facebook. To watch the service just click on the link. You do NOT need to be a Facebook member. Here is the link to our public Facebook pages:

<https://www.facebook.com/trinityossining/>
<https://www.facebook.com/stpaulsossining/>

The service of Compline is posted by 7:00 PM Monday through Saturday, also on our Facebook pages and our YouTube channel.

They are all on our websites. Here are the links:

<http://trinityossining.org/>
<https://stpaulsonthehill.org/worship/virtual-church-services/>

VESTRY PRESENTATION TO MO. COOPER

At the December 5th Joint Vestry Meeting, your vestries presented Mo. Cooper with some parting gifts. This montage of her time with us:



And, since she loves her jewelry, this beautiful necklace:



(Due to the pandemic, it's a screenshot, so not as clear as we might have liked!)



DONNA KERR'S COCONUT CURRY SALMON

Hello, my dear friends of Trinity and St. Paul's. I do hope you all are keeping safe and in constant prayer through this pandemic. I have been cooking a lot . 😊 Yes! That's what I do best and it makes me happy, keeps me relaxed and centered. I have been using a lot of almond and coconut milk (even when I bake) because they are healthier for us. Also, we do eat a lot of fish, so this is my salmon curry. Feel free to tweak to your liking and enjoy.

INGREDIENTS

- 1 ½ to 2 lbs. of salmon
- Lemon or lime
- Salt and pepper (We do not use salt; I use 30% less sodium Old Bay Seasoning)
- 2 tbs. Olive Oil
- Chopped small onion
- ½ teaspoon of grated ginger
- 3 cloves of garlic
- 1 tbs of gram marsala (use curry powder if you prefer)
- 1 chili chopped (remove some of the seeds for less spice)
- 2 freshly chopped tomatoes or half a can of chopped tomatoes
- 1 16 oz. low fat coconut milk (I use Trader Joes)
- 1 tbs. cashew butter or almond butter
- ½ cup cilantro
- Chopped spinach (amount to your liking)

Preheat the oven to 400°. Line a baking sheet with parchment paper. Wash salmon with lemon or lime juice. Pat dry, season with salt and pepper and 1 tsp. of olive oil. Bake for 10 minutes (depending on the thickness).

Heat olive oil over medium heat. Add onion, garlic, gram marsala, and ginger and sauté for 3 minutes. Add chili and sauté for another minute, then add tomatoes and sauté for 2 to 3 minutes making sure tomatoes are cooked. Add coconut milk, cashew butter, and cilantro and simmer for 5 minutes. Season to taste, then add salmon, spinach, and simmer for 2 minutes.

Serve over basmati rice or quinoa.

Enjoy!

A TRIBUTE FROM CAROLYN BLACK



On November 8, 2018, a loving tribute was paid to Dr. Richard Cox (conductor was at the University of North Carolina at Greensboro from 1962-2002), honoring the legacy of a great man who has empowered generations to question the status quo, to break down barriers, and to strive to make the world a better place through music.

I was the first African American to sing with the College Chorale.

It was 1964 and we did not stay in hotels at that time. Dr. Cox, free-thinking professor that he is, thought nothing of the sight of a young black woman stepping off the bus. That was until one of his contacts asked him if he should call ahead and let our hosts know. That was not something Dr. Cox would think about. Years later, Dr. Cox

relayed this story to me.

Apparently when we had arrived at a church to sing, a man from the church who met the bus said he would have to check with the church to see if it would be allowed for me to sing there. The man made it clear that he would rather I didn't sing with the group. Dr. Cox told him unless I was able to sing, no one would sing.

I had no idea this was going on behind the scenes and I was just thrilled to be singing with this prestigious group. I don't know if he had to make any calls. I just know those were some of the most enjoyable experiences under his tutelage.

Thank you, Dr. Cox.

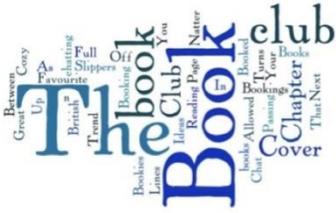
--Carolyn R. Black '68



A PRAYER IN TIMES OF CONFLICT

O God, you have bound us together in a common life. Help us, in the midst of our struggles for justice and truth, to confront one another without hatred or bitterness, and to work together with mutual forbearance and respect; through Jesus Christ our Lord. Amen.

Book of Common Prayer, p. 824



These are the readings which closed our last TBC discussion of Pema Chodron's book, *Welcoming the Unwelcome*. I believe these words are most fitting at the end of 2020 as we get ready to begin a new year this month. Wishing you all the blessings of a Peaceful, Positive and Productive New Year!

"For what it's worth: it's never too late or, in my case, too early to be whoever you want to be. There's no time limit, stop whenever you want. You can change or stay the same, there are no rules to this thing. We can make the best or the worst of it. I hope you make the best of it. And I hope you see things that startle you. I hope you feel things you never felt before. I hope you meet people with a different point of view. I hope you live a life you're proud of. If you find that you're not, I hope you have the courage to start all over again."

--Eric Roth, from the screenplay of *The Curious Case of Benjamin Button*

"Make us a great nation, yes. But more than that, make us good, Lord, with a heartbeat that wants every person of every creed and color to know Your love, Your goodness, and Your worth. Make us wise as serpents, but gentle as doves. Turn our fears to faith, as we look to You and You alone for the future of our country. Give us God-confidence that no matter what happens, we will believe You are not only in control, but that You know exactly what is needed to accomplish Your purpose. Help us not to second-guess Your moves, but to move at Your command, always without hesitation."

--A Prayer for America's Future

"Forgive us for wanting our own way and making our own paths—often the ones paved with least resistance. Forgive us for fence-walking, or for ignoring completely the truths that can so easily set us free. Deliver us from mindless quarrels and destinations that lead us nowhere, but away from You. Free us from divisiveness, and melt our hardened hearts to love, not hate, and to heal, not debate."

--Rebecca Barlow Jordan

The next TBC book is *The Giver of Stars* by Jojo Moyes and the date is TBD; likely sometime late February/early March. Our traditional TBC January toast is tentatively scheduled for January 23rd at 1:00 PM via Zoom. Please note I am still hearing back from folks before I can send out a confirmation or new date. (I will get back to you all when it is finalized!)





UPCOMING EVENTS IN JANUARY

- 13 Vestry Meeting (Trinity)
- 19 Vestry Meeting (St. Paul's)
- 20 REPAIR meets
- 23 Trinity Book Club Champagne Toast
- 27 Social Justice Mission Committee

ST. PAUL'S JANUARY BIRTHDAYS

- 2 Ryan Echevarria (Mahlau's grandson)
- 7 Margery Barnes
- 8 Kyle Muth
- 14 Jeanne (Tenety) Rothrock
- 17 Beverly (Losee) Vaillancourt
- 18 Katie Paulie
Barbara Rose
- 20 Samara Davis
- 25 Julie Davis
- 26 Salvatore John Triano
- 27 Elizabeth Bender
- 28 Katrinka Kip
- 31 Tom Greene
Mildred Puchir

ST. PAUL'S JANUARY ANNIVERSARIES

- 6 Asa and Marilyn Barnes
- 7 Nunzio and Lori Liberti

TRINITY'S DECEMBER BIRTHDAYS

- Karley Ann Ryan 4
- Kate Pendzuk 6
- Marcus Roman 6
- Lorraine Baird 9
- Tyler Shaw 11
- Ed Shultz 27
- Nolan Ward Amaya 29
- Jennifer Ward-Shultz 30
- Chloe Nicole Wagner 31

ST. PAUL'S JANUARY BAPTISMS

- 8 Robert N. Frank
- 11 Kevin Michael Noye

ST. PAUL'S JANUARY DEATHS

- 1 Warren Foin
- 3 Donald Potts
- 14 Marie Veinotte
- 27 Marcelle Clark



CLERGY

The Rev. J. Cooper Conway, Priest-in-Charge
The Rev. Dr. Charles D. Mayer, Assisting Priest
The Rev. Dorothee R. Caulfield, Deacon

ST. PAUL'S OFFICE

Carolyn R. Black, Music Director
Tina Farrell, Church Administrator
Beth Pollack, Treasurer

TRINITY'S OFFICE

Christopher Fasulo, Minister of Music
Tam Hernández, Parish Administrator
Katherine Pendzuk, Treasurer and Verger
Pablo Montoya, Sexton

ST. PAUL'S 2020 VESTRY

Sue Monroe, Warden
Marjorie Barnes, Clerk
Julie DiLoreto
John Houghtaling
Darryl Moy
Lisa Rosenbloom
Roger Rowe

TRINITY'S 2020 VESTRY

Carl Gonsalves, Warden
Tam Hernández, Warden
Sally Evans, Clerk
Charles Baker
Alexis Cullen
Warren Dyckman
Kate Pendzuk
Cecilia Quintero